



## 8ply Eyelet Garter Cowl

One skein, two construction options, fast knitting at its best



### Materials Needed

1 skein Rare Yarns Cocoon or  
Rare Yarns Earth or Essentials 8ply  
5mm needles  
Tapestry needle for weaving in ends  
Stitch markers – optional

Cowl shown used Essentials 8ply  
Turquoise

### Gauge

Gauge is not terribly important on this  
project but may alter yardage  
required.

### Size

One size fits most.

### Simple Option

Knit the cowl as a short scarf and sew  
it together for a fast, easy, no trouble  
project.

Cast on 33 stitches in your preferred  
manner.

Set Up Row (RS): Slip 1, as if to purl, with yarn in back, knit to end of row.

Begin Pattern Rows:

Row 1 (WS): Slip 1 as if to purl, with yarn in back, K1, \*YO, K2tog\* repeat from \* to \*  
until you reach the last stitch, K1 – 15 eyelets created.

Rows 2-7: Slip 1 as if to purl, with yarn in back, K to end of row.

Repeat these 7 rows 24 times. Cast off knitwise on row 7 of the 25th repeat.

Using mattress stitch seam the cast on and cast off edges together. Weave in your ends  
and wear happily!

## Advanced Option

Enjoy the magic of grafting a provisional cast on edge to live stitches rather than a cast off edge and create a totally reversible cowl that shows off your knitting mojo.

Using provisional cast on of your choice, cast on 33 stitches.

Follow pattern as provided above through 24 pattern repeats. Repeat rows 1-3.

Carefully transfer live stitches from cast on edge onto second 5mm needle. Hold both needles together, pointing to the right, the side with three garter ridges facing outwards and the needle with the cast on stitches closet to you.

Break a tail of yarn from your ball, leaving it connected to the needle at back. It should be two-three times the length of the live stitches. Using this wool and a darning needle garter graft the stitches from the two needles together as follows.

## Garter Graft

This fabulous technique creates an invisible and reversible finish.

Prep Step 1: Insert the darning needles purlwise through the front needle's loop and pull yarn through, leaving loop on the needle.

Prep Step 2: Insert the darning needle purlwise through the back needle's loop, pulling the yarn through but leaving the loop on the needle.

Repeat the following four steps across all stitches:

Step 1 Front needle: insert darning needle knitwise, pull yarn through and slip loop off the needle.

Step 2 Front needle: insert darning needle purlwise, pull yarn through and leave loop on the needle.

Step 3 Back needle: insert darning needle knitwise, pull yarn through and slip loop off the needle.

Step 4 Back needle: insert darning needle purlwise, pull yarn through and leave loop on the needle.

The final two steps you work will be 1 and 3, removing the last two stitches.

As you go, be gentle with pulling the yarn through so that the tension is a good match to your knitted fabric, it is easy to tighten overly – so relax and breathe while you go!

When the grafting is complete, weave in ends and – voilà! – a totally reversible cowl to wear out and about.